



Here are some activities picked just for you to celebrate
“World Kindness Day” on November 13th!



Chain of Kindness: Cut pieces of construction paper into equal sized strips. Each time your child does something kind for someone, call attention to the act of kindness and then write it down on one of the strips. Use a glue stick to make the strip into a link. Connect each link to the next by interlocking them display the chain somewhere in your house so your child can see how kind they are to others!

Share some love: Help your child make notes of appreciation for community helpers in your town. These cards can include your child’s drawing of the community helper or a heart or even just some stickers with a note of thanks for the role the community helper plays in your life. Make one for a police officer or firefighter who protects you or the mailperson who delivers your mail or sanitation worker who empties your trashcan. You and your child can hand deliver them whenever you see one of these wonderful people!

Signs of kindness: Teach kind words in sign language to your nonverbal toddler.

- **Thank you:** put the tips of your fingers on your chin, palm side up, and then move them down and away from your chin
- **Please:** put your open palm on your chest and move in a circle
- **Sorry:** put your closed fist over your heart and move in a circle
- **I love you:** bend your middle and ring fingers down, leave up your pointer finger and pinkie finger, and hold your thumb out to the side
- **Excuse me:** face one hand palm up and brush the fingertips of the other hand across the open palm