

Winter weather calls for indoor activities like these picked just for you!

Winter window: Tape a piece of clear contact paper (use painters tape) with the sticky side out. Offer your child some cotton balls, q-tips, and cotton pads. Let your child create snowflakes and snow people by sticking these items onto the contact paper. They will create a beautiful winter scene to look at while they are indoors!

Winter Sensory Bin: Fill a plastic container with white packing pompoms, cotton balls, blue ribbon, snowflake cutouts and any other winter items you might pick up at the Dollar Store. Have clothespins, kitchen tongs, tweezers, and any other items that will help strengthen your child's fine motor control while picking up and putting down all of the winter items in the sensory bin!

Snowmen have feelings! You will need marshmallows, toothpicks, and tubes of food coloring or icing. Have your child build snowmen by connecting marshmallows together using toothpicks. Then, let them use the tubed food coloring or icing to draw the faces on the snowmen but talk to them about the feelings the faces will show. A happy face has a big smile. A sad face would have a frown. A surprised face would have an open mouth and big eyes while a mad face might be red all over! Your children can also use the tubed food coloring or icing to draw on scarves, buttons, and even a hat!

Build a fort: Anything your child likes to do will be that much more fun if they do it in a fort! Bring out some blankets, sheets, and towels and give your child free reign in one room of the house to make an epic fort! Then, let them bring in their favorite toys and books and you may have to crawl into the fort yourself to get them to come out!







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