

Welcome Winter with these activities picked just for you!

Not so hot Cocoa: What is more fun than some not so hot, slimy, cocoa? Let your child pour 4oz. of glue, ½ tbsp. of baking soda, and 1 tbsp. of contact solution into a bowl. Next, add brown food coloring or unsweetened cocoa powder until the desired shade of brown is achieved! Finally, add in some mini-marshmallows and let your child start to play! This cocoa can be stretched, pounded, and squished! Once the novelty wears off, help your child drape the cocoa slime in and over the edge of a festive coffee cup. Maybe another family member will be tricked into thinking it's the real thing!

Sweet Snowman: The hot cocoa made earlier is not edible but this sweet snowman will be! Simply place some sugared doughnuts (snowman's body), mini chocolate chips (buttons and eyes), gummy worms (scarf, mouth, and nose), and pretzel sticks (arms). After your child has created any number of snowmen, all that's left to do it enjoy this yummy, sweet treat!

Ice Painting: Take an ice cube tray and let your child fill each section with water. Then, let them drop colors of food coloring into each section. Place in the freezer for about 15 minutes. Take the ice tray out of the freezer and let your child put popsicle sticks into the almost solid ice cube (you may need to leave the tray in a little longer so the stick will stay). After the cubes are totally frozen, take them out and let your child paint with ice. Talk about how you started with a liquid and then it froze into a solid and will melt back into a liquid. Help your child make a "snowstorm" out of their ice painting!

FREEZE TAG! Talk to your child about how colder temperatures make things freeze! Then, play this game! First, play music and you and your child dance, but every time the music stops, you have to FREEZE until the music stops again!

Wintery Sensory Bin: Fill a container with cotton balls, blue pom-poms, and any plastic figurines such as polar bears or penguins. Add in some measuring cups and spoons and your child will have so much fun playing in the snow without getting cold!

Created exclusively for Books By The Bushel, LLC by Pamela B Connor, Ed.D