



Here are some fun ways to cool off on hot summer days picked just for you!

Car Wash: Line up your child's bikes, cars, scooters, etc. Let your child fill up a bucket with soapy water and some sponges and let your child wash their riding toys. As each toy is finished, have your child ride through a water hose with a sprayer attached to rinse them off! If you're feeling real adventuresome, let them help wash your car as well!

Rolling down the River: Find a hilly spot outside and have your child unroll a tube of aluminum foil. After it is laid out, help them roll up the edges to create a buffer between the "river" and the grass. Place a hose at the top of the tin foil and let the water trickle down the river. Now, your child can let their toy boats and nature items like sticks and leaves flow down the river!

Ocean Potions: This will give your child hours of fun! All you need is a baby pool, a variety of plastic containers, spoons, measuring cups, funnels, food coloring and WATER! Now, lay back and relax while your child makes some ocean potions!

Excavation Station: Make some room in your freezer for a large dish pan. Fill it with water and blue food coloring. Then, throw in some small, plastic sea life animals and place the pan in the freezer. Once the water is frozen, take the bin outside along with some spray bottles of water, some plastic shovels, and spoons. Your little excavator can get to work spraying the ice to start the melting process and use the shovels and/or spoons to extract all of the frozen sea life!

Good clean fun! In a large bowl, mix $\frac{1}{2}$ cup of water, 2 tbsp. dishwashing liquid, a few drops of your child's favorite color food coloring, and $\frac{1}{4}$ tsp. of cream of tartar. Mix these ingredients with a hand-held mixer or stick mixer. Within minutes, you will have a soapy foam that's ready to be played with! Pour the mixture into a large, plastic container. Talk to your child about the texture of the foam soap. Let them push their toy trucks through the foam or give their Barbie dolls a bubble bath! You can make multiple batches in all sorts of colors!