



Vegetable Garden

This is a great fine motor activity for your child and they can learn about vegetables while playing! First, wrap a shoe box or tissue box with green wrapping paper and help your child paint or color the top of the covered box brown (this is the soil). Next, glue pictures or place stickers of different types of vegetables on the tops of popsicle sticks. Cut slits in rows on the top of the box that are big enough for the popsicle sticks to be placed into. Now, let your child plant their vegetables and pull them out when they have grown! Another way to use this box is to have your child plant their vegetables and then you ask them to hand you each one and help them learn the names of the vegetables. You can also tell them to pick one or two each day that they would like to try with their lunch or dinner!

