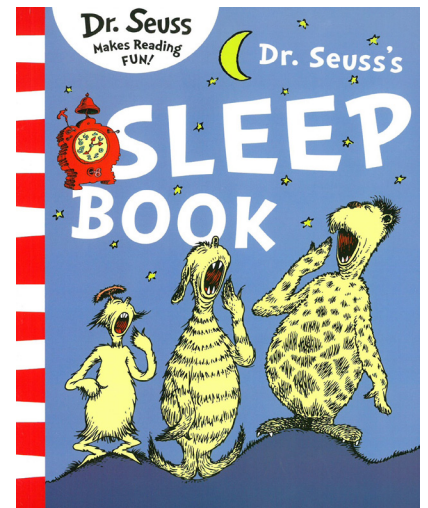


# Sleep Mask

## Materials Needed:

- Felt- your choice of color
- Ribbon
- Scissors
- Glue
- Sharpie Markers



## Instructions:

- Cut out a sleep mask, so that it covers your eyes, cut out another similar piece, this way you will have two pieces of felt that look exactly the same
- Using the sharpie markers, color your mask so that it looks like your favorite creature from “Dr. Seuss’s Sleep Book”
- Cut two pieces of ribbon so that you are able to tie the mask around your head
- Glue the pieces of ribbon onto the back of the colored piece of felt
- Glue the other piece of felt (the plain piece of felt) to the back of the colored piece of felt so that the ribbon is in between the two pieces of felt
- Now use your sleep mask when you are ready to sleep!

