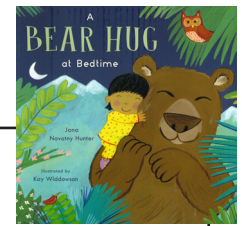


**SUPER CHICKEN!**



# SEPTEMBER 2022

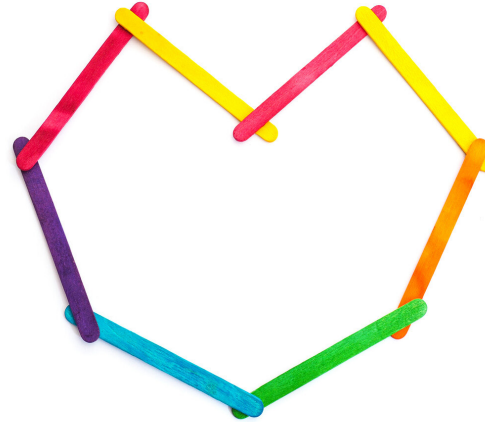


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 National Chicken Month! Celebrate by doing the chicken dance today	2 Blueberry Popsicle Day! Cool off with a refreshing popsicle. See Activity	3 National Skyscraper Day! with supplies around the house create the tallest skyscraper you can
4 National Wildlife Day Take a stroll through the park and identify your local birds	5 Labor Day Cheese Pizza Day!	6 National Read-A-Book Day! Grab a good book and enjoy!	7 How many words can you come up with that start with "S"	8 National School Picture Day! Create a self portrait out of scrap construction paper	9 National Teddy Bear Day! Grab your favorite Teddy and read our book "Bedtime for Bear"	10 Look for GREEN items around the house
11 National Make-Your-Bed Day! Help practicing making your own bed.	12 National Chocolate Shake Day!	13 National Kids Take Over the Kitchen Day! Choose a color and pick and try the foods that match. Happy Birthday Roald Dahl	14 Live Creative Day Do something creative! Draw a picture, sing a song or build with playdough or legos	15 Make A Hat Day! It doesn't just have to be paper, use whatever items you have around you to create something silly	16 Collect Rocks Day! Try to find rocks that have a fossil or uniqueness to them	17 National Cleanup Day Take a little time today to clean up an area that needs it
18 National Rice Crispy Treat Day! Create rice crispies and think of ways to make them even tastier	19 National Talk Like A Pirate Day! -Arrrr	20 National String Cheese Day! Celebrate with a string cheese snack	21 National Miniature Golf Day! Grab some construction paper and create your own mini golf course	22 Autumn Begins! Read a new book about autumn!	23 National Checkers Day! Create your own board out of paper and play with two types of gold fish crackers	24 National Ghost Hunting Day, journal ways you could trap a ghost
25 National Comic Book Day! Try to draw and create yourself as a comic hero	26 National Love Note Day! Leave a loved one a note of appreciation	27 Crush A Can Day! With help, smash cans and talk about why it's important to recycle	28 Good Neighbor Day!	29 World Heart Day! Create heart shapes, see activity!	30 National Chewing Gum Day! Try to blow bubbles, or write about a new flavor you would create	

# Popsicle Stick Hearts

Supplies Needed:

- Glue
- Colored Popsicle Sticks
- Paper & Pencil



Directions:

- Take the pencil & paper and draw a big heart
- Next place popsicle sticks around the picture heart
- Glue the ends together overlapping to hold together and let dry
- Make as many as you would like!



## Blueberry Yogurt Popsicles

### Ingredients Needed:

- 1 1/2 C. blueberries, frozen or fresh
- 1 1/2 tbsp honey
- 4 tbsp milk
- 2 1/2 C. vanilla yogurt
- 1 1/2 tbsp honey
- Icecube tray & popsicle sticks

### Directions:

- Mix or blend ingredients together
- Pour into icecube tray and stand a popsicle stick in each cube
- Freeze for 4 to 6 hours
- Enjoy!

