



Real and Make-Believe

November is “Non-fiction Month” and a great time to teach your child the difference between what is real and what is make-believe. Non-fiction books are based on facts while fiction books are not, so that is real versus make-believe. Here are some fun ways to teach this concept:

- Read a book about real animals and then read a book about fantasy animals such as those that can talk or drive cars or wear clothes. Point out the differences in the animals in the non-fiction and fiction books.
- Have your child gather any of their stuffed animals or baby dolls and compare them to real animals and babies. You can show them pictures in books or magazines or, even better, take them to a pet store to see real animals and point out real babies while you are out!
- When your child comes to sit down for a meal, put play food on their plate. They will be surprised and you can ask why?? Then, bring out their real food and talk about how they can pretend to eat the play food but they can actually eat the real food!

Learning the concepts of real and make-believe can lead to later lessons on what it means to tell the truth.



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