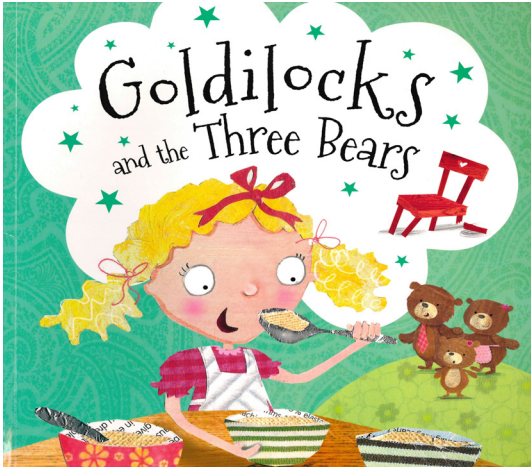


Make Your Own Oatmeal

Materials needed:

- 1 cup Water
- 1/2 cup Oatmeal
- Microwaveable Bowl
- Desired Fruit (Blueberries, Bananas, Strawberries)
- Honey (if desired)



Instructions:

- Measure a cup of water and put it in a microwaveable bowl
- Add the 1/2 cup of Oatmeal to the water, and stir together
- Microwave the water and oatmeal together for 2 minutes (Can microwave longer if oatmeal is desired thicker)
- Use an oven mitt to take the oatmeal out of the microwave, the bowl and contents will be hot!
- When oatmeal is cooled, use fruit, and honey, to make a bear face in your oatmeal!

