

ideas by the Bushel



Kick up your feet and celebrate National Sock Day on Dec. 4th with these activities picked just for you!



Make sock puppets: Use all of the socks that your dryer didn't EAT and create sock puppets! These characters can be made simply by drawing facial features, hair, and clothing using a permanent marker or you can go all out and glue on googly eyes and yarn for hair! Children respond so well to puppets in all aspects of their day. They may not want to clean up toys for mommy but when "Mr. Sock" asks them to do it, they can't wait to get started!

Matching game: Grab a few pair of socks from all of your family members. Dad's large sport socks with the blue stripes; sister's small socks with the pink ribbons; brother's short socks with black on the toes; and mom's textured socks she wears with her boots. Put the socks in a pile and help your child use the different characteristics of each pair of socks to match them together. **This is also an early introduction to learning how to fold the laundry!*

Sock it to me! Gather as many white socks as you can and stuff them with cotton balls or tissue or even newspaper. Tie up the open end of the socks and then "sock it" to your child by starting an indoor snowball fight! You can hide behind furniture to dodge the snowballs! To make this fun activity a little more educational, count out how many snowballs each of you start with before the throwing begins or throw all of the balls up in the air and then count to see which of you collects the most!

Gross motor: You can't let National Sock Day pass without having a sock hop! Once again, take the variety of socks used for the matching game and let the socks dictate the music and dance style! If your child puts on sporty socks, play fast paced music and exercise! If frilly socks are chosen, play classical music and twirl around like a ballerina. Be creative and explore all types of music and dance in your socks!