



National Family Literacy Month

November is “National Family Literacy Month” and what better way to celebrate than making a commitment, as a family, to read more! On the first day of November, start trading screen time for reading time. Devote at least 30 minutes each evening for reading. Each family member can read their own books in their favorite spots in the house or family members can read to each other. You may have old favorites already in your home or you may take a family trip to the local library and check out new books to read each week. Maybe after a month of uninterrupted reading time each evening, this practice will actually become a permanent part of your family’s day!



