



Here are some ways to celebrate MOM picked just for you!

Mommy Says: This is a great way to help your child follow directions and do what mommy says! Give directions like “touch your toes” or “give mommy a kiss” but remind your child that they only follow the directions if they start with “Mommy says!”

A Hand to Hold: This art activity is fun to do with mom and she gets a keepsake that she will love! First, you and your child will have some fun making dough. Let your child put 1 cup of flour and $\frac{1}{2}$ cup salt in a bowl. Slowly pour in lukewarm water ($\frac{1}{4}$ to $\frac{1}{2}$ cup) and let your child stir as you pour. Then, have your child knead the dough with their hands until it isn't sticky. Lay the dough out and flatten it until it is large enough for your child to press their handprint into it. Peel off the extra dough so only the handprint remains. Place the handprint into a bowl to produce a curved shape out of the handprint. Once dry, your child can paint it or leave it the natural color of the dough. Either way, mom now has a ring or jewelry holder in the shape of her child's hand that she can use now and when her baby is all grown up!

Mommy Matching Game: You will need some index cards, old books and magazines, and glue. Help your child go through books and magazines looking for different sets of mommies and their babies. These pictures can be animals, birds, and people. Your child will each mommy on an index card and each baby on a different index card. Then, mix the cards up and turn them over to play a matching game. Your child will turn two different cards over and if they are a mommy/baby match, they get to keep the cards. If not, they turn the cards back over and it's your turn! If you can't find enough pictures in books or magazines, you can print some off of the internet!

Time Out: Sometimes moms need a “time-out.” Help your child make a time-out hanger that mom can hang on the doorknob of her bedroom when she needs a few minutes of quiet time. Simply cut a piece of construction paper in half and cut a circle out where the doorknob can go. Let your child decorate it using any materials you have handy and then let them give it to mom as their permission for her to go to “time-out!”