

May preschool activities help children learn about this special month.

Theme: Daffodils for Mom

Letter: D, M Number: 5 Color: Yellow Shape: Triangle

Activities:



May Day National Pet Week Cinco de Mayo Mother's Day Memorial Day



2. May Preschool Activities: Science

Color Changing Milk- For this simple, but fun experiment, you will need a shallow bowl or cake pan, whole or 2% milk, food coloring, dish soap (preferably Dawn), and cotton swabs. Pour milk into bowl or cake pan, then add 1 drop of food coloring from each color near the center of the bowl or pan. Now, using a clean cotton swab, touch one end into the center without stirring or mixing. Does anything happen?

Now, on the other end of the cotton swab, put a drop of dish soap and place the cotton swab with the dish soap on it into the middle of the milk. What happens now? The colors should burst out everywhere through the milk. Why does this happen? The chemical bonds found in the protein of the milk are broken by the dish soap which allows the color to run around freely in the milk.

3. Social Studies:

Explain the importance of Memorial Day and why we should all be grateful to all the veterans who have given their lives to keep our nation safe and free. Talk about some of your family traditions that are celebrated during this holiday.

4. Imagination:

Have the children pretend they are in a mariachi band. Try to find some traditional Mexican style clothing or something similar for the children to wear and let them shake their shakers while listening to some mariachi music.

5. May Preschool Activities: Arts and Crafts:

To celebrate Cinco de Mayo, make shakers/maracas using any type of cardboard tube (oatmeal canister, plastic container), dry beans, cloth, and rubber bands. Secure a piece of heavy cloth with a rubber band around the bottom of a cardboard tube. Fill the inside about halfway with dry beans, then secure the other end with a piece of cloth and rubber bands.

Make flowers out of coffee filters for mom to celebrate Mother's Day. Have the children use washable markers to color any pattern or design on a coffee filter. Using a spray bottle filled with water, spray the coffee filter so that the colors begin to run. Lay the wet coffee filter on a paper towel to dry. When it is dry, gently fold in half, then twist the bottom into a point and wrap a pipe cleaner around the end to make a stem. If the children each make 2 to 4 flowers, they can put them in an empty plastic water bottle that can be used as a vase. Of course, the plastic water bottle/vase can be decorated with paint, construction paper, or other items.

Use 8 popsicle sticks to create a picture frame for mom. Use 2 sticks per side and glue them together. Place a photo or picture of child's handprint with a special poem for mom. There are so many poems that can be found on the internet to melt mom's heart.

Make May Day baskets. Decorate a flexible paper plate with flowers using paint, stamps, stickers, crayons, etc. Then, fold the paper plate into a cone shape and tape or staple in place. Use a hole punch to make two hole, one on each side at the top. Attach a piece of ribbon or yarn so the basket can hang.

6. <u>May Preschool Activities: Reading</u> Read <u>"I Love My Mommy"</u>



a wonderful book describing children showing their mommies how much they love them.

7. May Preschool Activities: Language

Introduce the letters and letter sounds for D and M. Have the children each bring an object from home that starts with the letter D and the letter M.

8. Math, Thinking Skills:

Have the children practice stacking cubes using various sizes of cubes. They will have to figure out how to make the stack keep from falling over.

9. Math, Shapes:

Play red light/green light with 2 different shapes one of which is a triangle. Put several cut-outs of triangles and another shape into a box, hat, etc. Have each child pull out a shape, if the child pulls out a triangle, he moves forward 1 step. If he pulls any other shape, he stays put. Repeat until children cross a pre-determined finish line. Have the child identify as many triangle shapes in the room/house as possible. Reward with a sticker or stamp if the child can identify at least 1.

10. Math, Counting:

Introduce the number 5 and show everyone how to hold up 5 fingers and count to 5. Let the children use stamps to make groups of 5 stamped pictures on a paper.

11. Coordination and Movement:

Have the children listen to a word. If it starts with a letter D, they have to do 5 jumping jacks. If it starts with a letter M, they have to bend and touch their toes 5 times.

12. May Preschool Activities: Social Skills

Since the 4th is National Pet Week, have the children bring in a picture of their pet or they can draw a picture of a pet they would like to have. Have the children share their pictures with everyone.