


May

Activity Calendar

Building Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Character Word: Honesty- being truthful in what we say and do Calendar created by: Dr. Pamela Connor, Educational Trainer and Consultant Calendar translated by: Manuela Rodriguez</p>   			<p>1 Anytime your child plays with toys, make sure that you put back the toys together. While cleaning up, talk about how nice it is to work together to clean up our messes!</p>	<p>2 Before your child goes to bed at night, ask them, or help them, name 3 things or people they are thankful for in their life.</p>	<p>3 Make sure to have pictures in your home of family and friends to show your child people in their community!</p>	<p>4 Read over this calendar and gather any supplies you may need for crafts and activities planned for this month!</p>
<p>5 Community of Helpers</p> 	<p>6 Play "Red Light, Green Light" where your child moves when it's a green light and freezes when it's a red light. Wear a police hat when you are calling out the colors.</p>	<p>7 A sensory bin full of flour with a whisk, spoon, measuring cup, measuring spoons, small bowls, and a sifter is a fun time meant for a chef!</p>	<p>8 Use an old purse with a strap as a mailbag. Help your child make cards for family, friends, etc., put them in the mailbag, and let them deliver the mail!</p>	<p>9 ACTIVITY PAGE <u>Bus Driver, Farmer, and Police Officer</u></p>	<p>10 Your child can be a community helper! Give your child a pair of kitchen tongs and a plastic bag, take them on a walk, and let them pick up litter in their community!</p>	<p>11 Weekend Wrap-Up Read and repeat any of the activities you did this week to learn about community helpers!</p>
<p>12 Community of Kindness</p> 	<p>13 Let your child squeeze all of the toothpaste out of a small tube and let them try and put it back in. They can't do it! That is like unkind words. You can't take them back!</p>	<p>14 Make a kindness jar full of acts of kindness done by or to your child during the week. At the end of each week, read the acts of kindness out loud to your family!</p>	<p>15 Help your child paint hearts and smiley faces on smooth rocks. Place the rocks in different places where others can find them and rock their day with kindness!</p>	<p>16 ACTIVITY PAGE "Kindness for Free"</p>	<p>17 Model saying "please" and "thank you" whenever you are with your child. If they hear you use kind and appreciate words, they will too!</p>	<p>18 Weekend Wrap-Up Read and repeat any of the activities you did this week that helped you learn about ways to be kind!</p>
<p>19 Community of Friends</p> 	<p>20 Help your child make friendship bracelets with yarn and Fruit Loops cereal. Put them in Ziploc bags to keep them fresh until they can share with their friends!</p>	<p>21 Invite your child's friends over and ask them to each bring a different fruit to help make a friendship fruit salad!</p>	<p>22 When playing games with your child, make a point to "take turns." Use that term while playing to instill the importance of taking turns when playing with friends.</p>	<p>23 ACTIVITY PAGE "Personal Bubble"</p>	<p>24 Play your child's favorite music and every time you stop the music, give them a hug, hold their hand, kiss their cheek, or give them a high-five. That's how we treat our friends!</p>	<p>25 Weekend Wrap-Up Read and repeat any of the activities you did this week that helped you learn how to be a good friend!</p>
<p>26 Community of Service</p> 	<p>27 Volunteer with your child at an animal shelter! Bring a donation of dog and/or cat food with you!</p>	<p>28 Volunteer with your child at a food pantry. Bring a donation of canned or nonperishable food with you!</p>	<p>29 Has your child outgrown their baby books? Put some in a bag and donate them to a children's hospital or local childcare center!</p>	<p>30 ACTIVITY PAGE "Save, Spend, Share"</p>	<p>31 Donate gently used stuffed animals to a local firehouse to give to children who may have lost theirs in a fire.</p>	



Bus Driver, Farmer, and Police Officer

This book introduces your child to countless community helpers using pictures of real people doing real jobs! Read the book with your child and then keep it with you when you are out running errands, attending events, or going to medical appointments. Attach a sheet of fun stickers to the back of the book using a paperclip. Let your child look through the book while you are out and about and anytime they see one of the community helpers in the book, they put a sticker on the picture of that community helper! At the end of each day, go through the pages and see how many community helpers they saw and talk about the job they were doing when your child saw them. This will be a fun way for them to recognize community helpers right where they live!

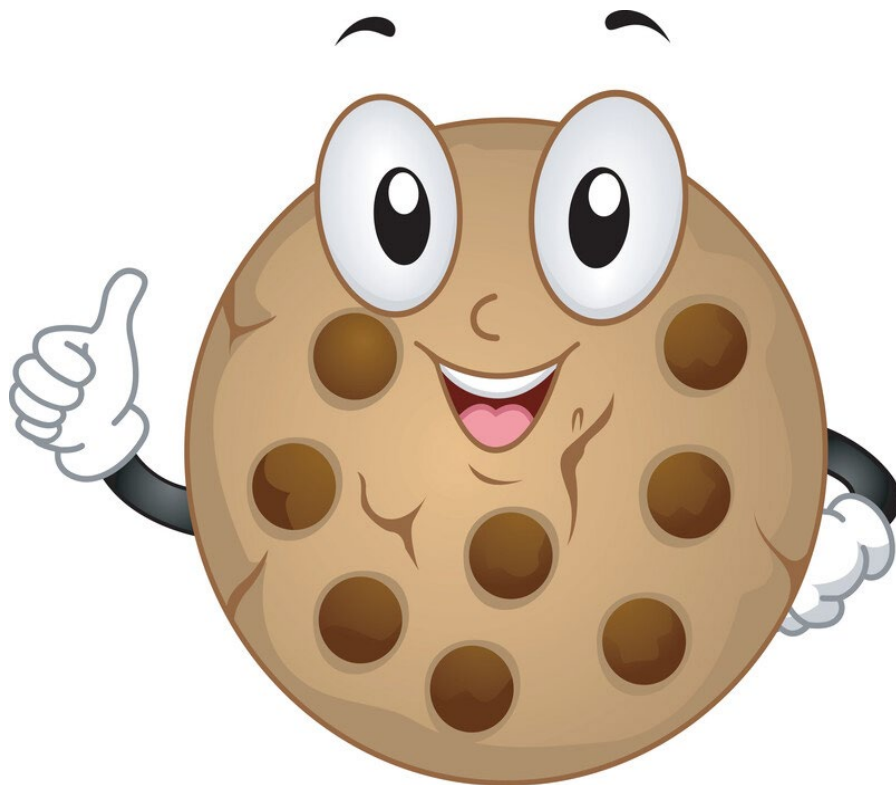


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Kindness for Free!

True acts of kindness come with no strings attached. They are done for the benefit of someone else with no expectation of getting something in return (well, maybe a thank you!). So, do you make a delicious chocolate chip cookie? What about sweet, thirst-quenching lemonade? Whatever your talent, let your child help you make a batch of something delicious and set up a snack stand outside your home. Offer your neighbors, the mail-carrier, a sanitation worker, etc. one of your treats FOR FREE! This act of kindness might just make their day!





Personal Bubble

One way to be a good friend is to pay attention to another friend's personal space. It can be uncomfortable for someone to be too close to another person when they are talking or playing with each other. One way to get your child to be a good friend and respect another friend's "personal bubble" can be done by using hula hoops! Grab enough hula hoops for you and your child or children. Each of you stand inside of your hula hoop and even though the hula hoops can touch each other, everyone is still in their personal bubble of comfort. Next, step out of your hula hoop and jump into a hula hoop with your child. Talk about how hard it is talk or move or try and play being so close to each other. Remind your child to pretend they are holding a hula hoop whenever they need to be in their personal bubble or give someone else the space to be in theirs!





Spend, Save, Share!

Here's a great idea! This activity will not only help teach your child about helping others but also how to manage their money! Take three tall, clear containers with openings wide enough to drop coins in. These could even plastic water bottles! Use a sharpie or alphabet letter stickers to put the labels "SPEND" "SAVE" and "SHARE" on each container and use a rubber band to attach them together. Anytime you or your child has any loose change, drop a coin in each container. When they are full, your child can use the change in one container to purchase something fun for themselves. They can use the change from another container to put into a larger "piggy bank" that they will save and keep adding to over time. And, the change from the last container is for them to share. They may donate the change to a food bank, a person without a home, or to a friend in need.

