







MARCH 2024

Welcoming Spring

Activity Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|--|
| Character Word: Courage- strength to carry on in spite of difficulty, danger, or fear | | | | | 1 Get ready to welcome Spring by finding some books on this month's themes! | 2 Collect items you will need for this month's activities! |
| Calendar created by: Dr. Pamela B Connor, Educational Trainer and Consultant Calendar translated by: Manuela Rodriguez | | | | | | |
| 3 Bees and Flowers  | 4 Honey Playdough Mix 2 cups flour, ¼ cup salt, 1 tbsp. olive oil, 1 cup water, & ¼ cup honey. Knead on a floured surface until soft and pliable. | 5 Spread the pollen Have your child move yellow pompoms (pollen) into the sections of an egg carton using plastic tweezers. | 6 Wrap with Flowers Use flowers dipped in paint to make designs on white wrapping paper. Let dry and then use to wrap gifts for special events! | 7 ACTIVITY PAGE <u>My Spring</u> | 8 Fill jars half-way with water. Drop food coloring in each jar. Place the stem of a white flower into the water and watch it change color! | 9 Weekend Wrap-Up Read and repeat any of the fun activities you did this week to learn about bees and flowers! |
| 10 Worms and Dirt  | 11 Put a gummy worm in the bottom of a cup. Layer crumbled Oreos and chocolate pudding to cover the worm. Eat and find the worm! | 12 Set up an obstacle course in your home and let your child "wiggle" over, under, and around it! | 13 Fill a plastic bin with dirt and hide cooked spaghetti noodles in the dirt. Let your child use tweezers to find all of the "worms"! | 14 ACTIVITY PAGE <i>"Little Wiggle Worm"</i> | 15 Find a good patch of dirt. Give your child a spray bottle full of water. Let them spray and play with the mud they make! | 16 Weekend Wrap-Up Read and repeat any of the fun activities you did this week to learn about worms and dirt! |
| 17 Frogs  | 18 Color paper plates green. Lay them out like lily pads. Your child can leap from one to the other! | 19 Help your child eat flies like a frog by spreading peanut butter or cream cheese on a stalk of celery and lining raisins on it. | 20 Put small plastic frogs in a bin of water. Let your child "slap" the water with a flyswatter to make the frogs jump! | 21 ACTIVITY PAGE Catching Bugs | 22 Frogs are slimy! Mix a cup of glue with 1 tbsp. baking soda and add drops of green food coloring to see what a frog feels like! | 23 Weekend Wrap-Up Read and repeat any of the fun activities you did this week to learn about frogs! |
| 24 Birds and Bugs  | 25 Let your child build a "nest" by putting pretzels, Chex cereal, and yogurt covered raisins for the eggs in a muffin liner. | 26 Buy a bag of multi-colored feathers and then: count them, sort by color, tickle with them, and paint with them! | 27 Let your child make thumbprint bugs by using different colored stamp pads. | 28 ACTIVITY PAGE What do ants eat? | 29 Play "Mother May I" and have your child fly like a bird or crawl like a bug to get to the finish line! | 30 Weekend Wrap-Up Read and repeat any of the fun activities you did this week to learn about birds and bugs! |
| 31 READ | | |  | |  |  |



My Spring

The book, My Spring, reminds us that spring is the time for new beginnings! Flowers are blooming and baby chicks are being born! What better way to welcome this beautiful time of year than with some spring cleaning! Take 3 plastic clothes bins and label them, **THROW AWAY** (for toys and clothes that are damaged or torn); **DONATE** (for toys and clothes that are in good condition but your child has outgrown or does not play with anymore); and, **SAVE** (for toys and clothes that are in good condition and have sentimental value that you might want to have for another child or even a grandchild)! Let your child help you throw away, donate, and save these items in a special box. These actions will become special memories for them in the future and may be something they carry on with their own children!





Little Wiggle Worm

Sung to the tune "Itsy, Bitsy Spider"

The little wiggle worm (wiggle a stuffed animal worm or playdough worm or pipe cleaner worm)

Went crawling underground (wiggle worm under hand)

Down came the rain (wiggle fingers downward)

And then mud was all around (open arms wide)

The rain filled their tunnels (open hand; move fingers together)

And pushed out the little worm (push worm through other hand)

And soon the puddles on the ground (make an O shape for a puddle with your hand)

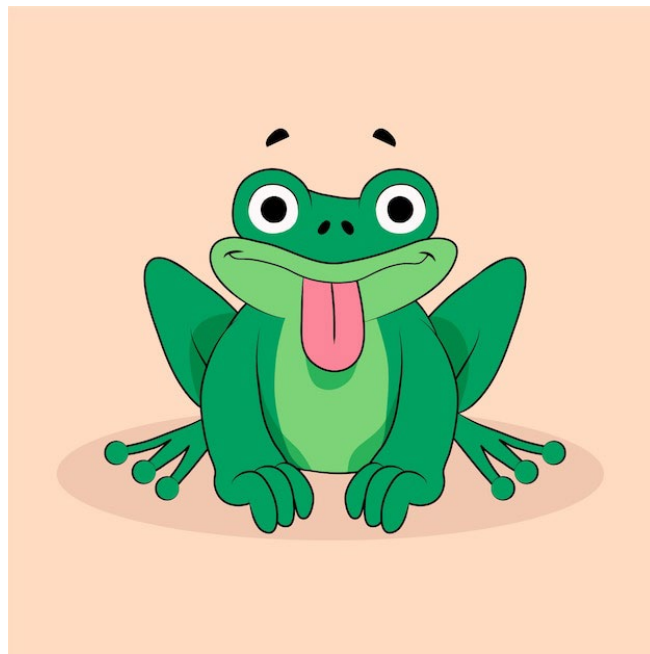
Were the only place to squirm (wiggle worm into the puddle)





Catching Bugs

Frogs use their tongues to catch their food so help your child see what that would be like! For this activity, you will need some party horns (the kind that rolls out), some Velcro dots, and small, plastic bugs. Stick a Velcro dot on the bottom of the blow-out part of the party horn. Place the matching part of the Velcro dot on top of the bugs. Have your child blow the horn and try and catch a bug by matching the two Velcro dots together. You can give it a try as well and see which of you two frogs can catch the most bugs! Ribbit!





What do ants eat?

Ants are fascinating bugs to watch! Locate a place outside where your child does not typically play. This will be your ant observation site. On a cookie sheet or lid to a container, place pieces of different types of food: orange slices, apple slices, carrots, popcorn, cheese, chocolate- basically anything you have handy! Place the tray on the ant observation site. Each day, plan visits to the site to see which foods the ants are eating. If you have a magnifying glass, that would be fun to look through while observing. Your child doesn't have to get too close to the ants to watch them eat or to see which foods the ants eat the most of. After this experiment, you can ask your child which foods they like to eat that the ants liked too!

