




March

Activity Calendar

I See Spring

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar created by: Dr. Pamela B Connor- Educational Trainer and Consultant Calendar Translated by: Manuela Rodriguez   						1 Get ready for a fun month of activities by gathering some books about spring to share with your child!
2 I See Spring 	3 Let your child color each section of a cardboard egg carton different colors. Then, take your child on a scavenger hunt outside to find items of each color and put them in the matching sections.	4 Let your child practice fine motor skills by decorating a ball with spring stickers- flowers, birds, butterflies, etc. and then they can play with the ball!	5 Lay in the grass with your child and look at the clouds to see what shapes and figures they can see. Then, let them recreate what they saw by gluing cotton balls on blue construction paper!	6 ACTIVITY PAGE <u>I See Spring</u>	7 Cover a toilet paper roll in peanut butter and birdseed. Stick a bamboo skewer through the bottom and lace a piece of yarn through two poked holes at the top. Hang in a tree and watch the birds come and feed!	8 Weekend Wrap-Up Read and repeat any of the activities done this week to help your child "SEE" spring!
9 I Hear Spring 	10 Cover one end of a tissue roll with saran wrap, pour rice in the tube, and cover the other end with saran wrap. Now, your child can hear the spring rain!	11 Tape some bubble wrap on your floor or sidewalk. Let your child jump all over it to pop the bubbles! It will sound like raindrops on the rooftop!	12 Clasp your hands together. "Here is the beehive, but where are the bees? Watch and you'll see them come out of their hive. 1-2-3-4-5! Buzzzzzzz, Buzzzzzzz!"	13 ACTIVITY PAGE Spring Sounds	14 Play hide-and-seek but the person who is hidden will chirp like a spring bird until the seeker can find them!	15 Weekend Wrap-Up Read and repeat any of the activities done this week to help your child "HEAR" spring!
16 I Smell Spring 	17 Take a walk with your child and pick some flowers. Make sure to smell each one. Then, go home and make a beautiful spring bouquet!	18 Spring is a great time to grow an herb garden in small pots- basil, rosemary, peppermint- whatever the herbs you choose will give off the prettiest smells!	19 Make a cup of lemon or rosemary tea. Let it cool down a bit before letting your child smell and taste it. You can call this your spring tea!	20 ACTIVITY PAGE Spring Playdough	21 Pour flavored packets of Jello- cherry, lime, orange- spring scents- into individual Tupperware containers. Give your child a straw to move the powder around into shapes and letters!	22 Weekend Wrap-Up Read and repeat any of the activities done this week to help your child "SMELL" spring!
23 I Feel Spring 	24 Put some potting soil or sand in a bin and let your child use a spray bottle to make mud! Then comes mud pies, mud castles, or any other messy mud creation!	25 Find an area that has different textures of ground- grass, concrete, sand, etc. Let your child walk barefoot on all of these surfaces to "feel" spring under their feet!	26 Tree pose. Frog pose. Rainbow pose. These are a few yoga poses that your child can do to "feel" spring by moving their bodies!	27 ACTIVITY PAGE Rainbow Mobile	28 Simply blowing bubbles and having your child chase them and pop them will give them the feeling of catching raindrops in their hands!	29 ,30 and 31 Weekend Wrap-Up Finish out the month by repeating any of the activities done this month that helped your child experience spring!



I See Spring

By Charles Ghigna

Spring is puddles in the street and rainboots on your feet! This book is full of colorful pictures of everything spring! After reading the book, go back through the book and let your child point or tell you which parts of spring they would like to see. Each time they identify something, draw a picture of it on a piece of paper divided into 6 or 8 squares. When each square has a picture on it, you have made a SPRING BINGO card. Make sure to carry the paper with you wherever you and your child go- on a walk, on a car ride- and when you see one of the spring items on the card, let your child color the square. Once all of the squares are colored, yell “SPRING BINGO” and go enjoy a special treat together!



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Spring Sounds

Take a piece of paper and cut it into strips. On each strip, write one of the following questions:

- Can you croak like a frog?
- Can you chirp like a bird?
- Can you quack like a duck?
- Can you buzz like a bee?
- Can you whistle like the wind?
- Can you clap like thunder?
- Can you tap your legs to sound like rain?

Place each strip of paper inside of a plastic egg. Tell your child to crack each egg and see if they make the sound on each slip of paper!



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Spring Playdough

Follow this recipe to make basic playdough. Mix:

1 cup of flour

$\frac{1}{2}$ cup of salt

$\frac{2}{3}$ cup of water

2 tbsp cream of tartar

2 tbsp vegetable oil

1 tbsp cornstarch

To turn this basic playdough into spring playdough add petals of flowers or lavender oil/bath salts or just drops of food coloring in spring colors. You and your child can make batches of different types of fun spring playdough to play with all day!





Rainbow Mobile

You will need a plastic hanger, a box of colored straws, scissors, and yarn. First, help your child cut straws into 2-inch pieces. Next, cut the yarn into various lengths and tie a knot at the end of each piece. Then, have your child string different colors of straw onto each piece of yarn leaving enough yarn at the top to loop on the bottom of the hanger and make a knot. When each string has been tied on to the hanger, find a place outside to hang the rainbow mobile. The colors will blow in the spring wind and you will always have a rainbow right out your front or back door!

