

JUNE 2023

ACTIVITY CALENDAR

Book of the Month

In the Garden



WEDNESDAY

Fruit of the Month:
Blueberries, Cherries,
Strawberries, Plums
Vegetable of the Month:
Radish,
Flower of the Month:
Rose

THURSDAY

1 National Pen Pal Day-
Write a letter and
practice mailing it.

FRIDAY

2 National Donut Day-
Celebrate by having
your favorite donut.

SATURDAY

3 Repeat Day-
Repeat by having the
same lunch or dinner
as yesterday!

SUNDAY

MONDAY

TUESDAY

4 National Old Maids
Day - play the
traditional old maid
card game

5 World
Environment Day-
Celebrate by
reading "Green
Energy!" by Ruth
Spiro

6 National Yo-Yo Day
Create a yo-yo with
a balloon filled with
rice or beans. Loop
rubber bands
together to create
the string. Attach to
the balloon.

7 Global Running Day-
Challenge a friend or
sibling to a race!

8 National Best
Friends Day-
Celebrate by reading
"Gossie & Gertie
Best Friends, Always
Together" by Olivier
Dunrea

9 National Flip Flop Day
Today would be a
great day to jazz up a
pair of flip flops. Add
sparkles or animal
stickers.

10 Time to read! Pick a
book and read for 15
minutes

11 Corn on the Cob Day-
Make your own beaded corn
out of green pipe cleaners
and yellow beads. String 5
strands, bend in half and
twist ends together to create
a corn cob.

12 Peanut Butter
Cookie Day-
Enjoy a tasty
treat by making
peanut butter
cookies

13 Time to read! Pick a
book and read for 15
minutes

14 Flag Day-
Review each state's
flag. Draw and color
your own state's flag

15 National Nature
Photography Day-
Pick a few flowers
and green leaves.
Create a picture with
nature's materials

16 Take a Road Trip
Day-
Pick a simple
destination near to
visit, such as a
park and write
about your day

17 Eat Your Vegetables
Day-
Have your favorite
vegetable for snack,
lunch or dinner

18 Father's Day-
Make a Father,
Grandfather, or
someone special a
card today

19 Juneteenth-
Discuss together
the importance of
Juneteenth

20 Ice Cream Soda Day
Time for a treat!
Pour a small glass of
root beer soda and
add a scoop of
vanilla ice cream

21 International
Yoga Day-
Try nature yoga
today- pose like a
frog, a tree, a
bear

22 World
Rainforest Day-
Create a paper
chain snake with
construction
paper

23 Pink Day-
Wear something
pink

24 Time to read! Pick a
book and read for 15
minutes

25 Log Cabin Day-
Create a house out
of pretzel sticks

26 Chocolate
Pudding Day- time
to make chocolate
pudding for a treat

27 National
Sunglasses Day- be
sure to wear
sunglasses while
outside

28 Paul Bunyan Day-
Wear flannel and
read the tall tale of
Paul Bunyan

29 Hug Day-
Give someone a
good hug today

30 Asteroid Day-
Color a space
picture and use
rocks or cheerios
as asteroids
floating in space.



Picnic Surprises

Having a picnic is something fun to do in the summer! For this activity, we are going to put a spin on what is inside of a typical picnic basket. Take a basket of any kind to use as your picnic basket. Find items of different around your house that your child is familiar with and place those items in the basket. Place a dish towel or bandana over the items. Tell your child to reach into the basket and hold an item under the dish towel, feel the texture and try and guess what it is. They can pull the item out and see if they were right! What a great way to reinforce the use of their sense of touch!

When all the items are out of the basket, have your child pick out some of their favorite snacks to put in the basket and go have a real picnic!





Rainy Day Sunglasses

Sunglasses aren't just for sunny days! What if you wore sunglasses on rainy days?? What if those sunglasses took you to a magical place? Well, here is a way for your child to use their imagination on a rainy, summer day. Buy your child a special pair of "magic" sunglasses from the Dollar Store and tell them that these glasses only come out on rainy days. Then, when that rainy day arrives, let your child put on those glasses and ask them what magical place do they see through those glasses. A castle? A fairy garden? A tent in the woods? Whatever it is, help your child use items around the house- blankets, pillows, stuffed animals—to create the magical place. They can become a knight or a princess. They might be a fairy or a hunter. Whatever they want! And what will be the best thing to do in their magical world? Relax in their special place and look at a good book!

