


# JULY 2023

## Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				National Watermelon Month National Picnic Month Park & Recreation Month	Fruit of the Month: Papaya and Nectarine Vegetable of the Month: Garlic Flower of the Month: Water Lily	1 International Joke Day- share a funny joke or two
2 World UFO Day create a UFO out of a paperplate and construction paper. Don't forget an alien!	3 Eat Beans Day- no one said they couldn't be jelly beans!	4 Happy Independence Day- Make a flag out of materials around the house.	5 Apple Turnover Day Have a tasty apple treat today	6 National Fried Chicken Day - make cupcakes, top with icing and crushed graham crackers, make an icing leg bone - fake fried chicken treat	7 National Strawberry Sundae Day- have a tasty ice cream treat	8 National Blueberry Day- wear something blue
9 Time to Read! Take 15 minutes to read a book today	10 Read "We are going on a bear hunt" today	11 E. B. White's Birthday - wrote the "Charlotte's Web" story	12 Have a picnic today for National Picnic Month	13 National French Fry Day- Find all the things that start with "F" around the house	14 Shark Awareness Day- create a shark picture	15 Gummi Worm Day have a tasty treat with chocolate pudding and gummy worms
16 World Snake Day- make a paper chain snake out of construction paper	17 World Emoji Day- draw and color emoji feelings of happy, sad, angry, calm	18 Nelson Mandela Day- was the first president of South Africa and referred to as the "Father of the Nation"	19 National Hot Dog Day- read the story "The Pigeon finds a Hot Dog"	20 Space Exploration Day- if you could be in space what would you eat and do. Write a story about it	21 National Be Someone Day- If you could be anyone you wanted, a teacher? A singer? What would you be and why?	22 The day "America the Beautiful" was written by Katharine Bates - Do you know the song?
23 Parent's Day- a great day to help set the table. Fold laundry or take out trash.	24 Amelia Earhart Day- have a paper plane challenge. See whose plane can go the farthest	25 Tree Planting Day- Start a tree from seed in a plastic cup with dirt	26 Aunt & Uncle Day send a card to an Aunt or Uncle you admire	27 National Love is Kind Day - do something kind for a stranger or neighbor.	28 Author Beatrix Potter's Birthday - wrote The Tail of Peter Rabbit	29 National Lasagna Day- have lasagna for lunch or dinner
30 Paperback Book Day - read a favorite paperback book	31 National Watermelon Day - find all things around the house that start with "W"					

Book of the Month

Picnic! A Day in the Park

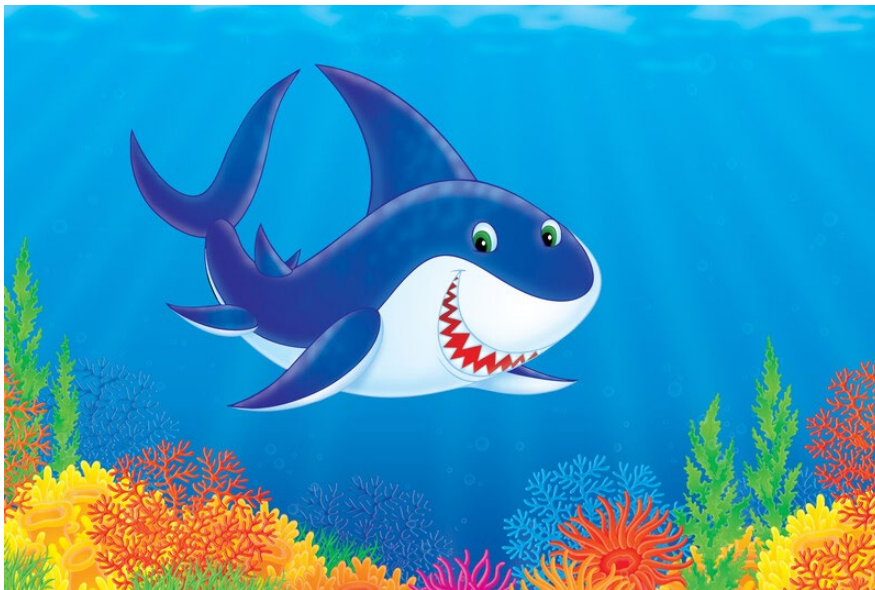
by Joan Holub

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## Playing with Sharks

This activity will give your child a chance to play with sharks... safely! You will need a few different colored sheets of foam paper, a gallon-sized Ziploc bag, blue hair gel, strong tape, and scissors for this activity. Show your child some pictures of sharks and other types of fish. Help them draw a large shark with its mouth open on one sheet of foam paper and then some smaller fish on the other sheets of paper. You will need to cut them out for your child. Squirt the hair gel into the bag until it is almost full. Place the shark and fish shapes in the bag as well. Push all of the air out of the bag and then seal and tape it shut. Now, your child can move the shark around to try and eat the fish or they can help the fish swim away from the shark. This is an easy, not messy, SAFE way for your child to play with sharks!





## Rainbow Rockets

Space Exploration Day is July 20<sup>th</sup> so let's help your child make a rocket that will fly to the moon! You will need some washable paints in different colors, a water bottle, some strong duct tape, and orange and red tissue paper. First, let your child pour in different colors of paint into the water bottle. Once all the colors are in the bottle, tape the lid back on with the duct tape. Let your child tear the tissue or construction paper into strips and tape those to the bottom of the bottle to look like flames coming from the rocket. Now, let your children take the rocket and run, moving the rocket up and down and side to side. This movement "through space" will mix all of the paint colors. Once the paint is mixed, open the lid and pour this multicolored paint onto a paper plate and let your child paint the plate with the colors making their own planet. They can add glitter or pompom balls or whatever decorative materials you have on hand. If you have more water bottles, let your child decide which colors they want to mix for each rainbow rocket and create planets out of each mixture! What a fun day launching all of their rainbow rockets!

