

ideas by the Bushel



Here is a harvest of activities picked just for you!



Sensory Bin: Your child will have fun bringing in the harvest with this activity. Let your child fill the bottom of a plastic bin with grass they can pull right out of the yard! If they don't already have a play farm set then give them some small empty juice boxes or milk cartons to create a farm and a barn. Pour out a few handfuls of cereals like Cheerios or Cinnamon Toast Crunch and add in some of their toy trucks and tractors. Your child can fill their trucks with the "harvest" and take loads to the barn!

Grocery store harvest: Find pictures, or take your own, of different fruits and vegetables that you can gather from the grocery store. Take your child grocery shopping with you and each time you show them a picture card, help them find that fruit or vegetable in the store. They can even help you count how many apples, peppers, tomatoes, etc. to put in your buggy!

Apple Picking: First, let your child have fun creating a tree. They can draw it, paint it, glue down pieces of paper, or use whatever materials you have handy to create a tree. Then, help your child roll up some balls of red playdough to be the apples on the tree and place the apples all over the branches and leaves. Bring out a die and two small bowls to be your baskets. Take turns rolling the die and taking that many apples off of the tree. The player with the most apples harvested wins!

Being Thankful: The fruits and vegetables harvested in the fall end up in our homes for us to enjoy with our families. Here is a song your family can sing before every meal:

We are thankful for this meal, for this meal (clap, clap)

This is how we really feel, really fell (clap, clap)

Good food makes us strong (show muscles)

Good friends sing along (move fingers like a music conductor)

We are thankful for this meal, for this meal (clap, clap)

Created exclusively for Books By The Bushel, LLC by Pamela B Connor, Ed.D

