



Please enjoy these activities picked just for you! Thank you!

Cover your sneeze, please! Give your child a paper plate and let them create a face and even add some yarn for hair! Then, trace your child's hand and cut it out. Help them glue the hand right under the nose on their paper plate face and stick a tissue under the cut out. This will be a reminder for them to cover their nose when they sneeze!

Proper Piggy: Glue cute pig faces on popsicle sticks and put them in a jar. Place the jar on the table during mealtimes. Every time you see one of your children using good table manners, give them a "proper piggy stick". The child with the most sticks at the end of the meal gets to choose dessert!

Yes or No: Help your child cut or tear pictures of different types of foods and glue them to paper plates. Sit at your kitchen table and hold each plate up showing your child the picture of the food. If they don't think they like the food, tell them to say, "No thank you" but if they think they would like to try the food on the picture, tell them to say, "Yes, please." Explain to your child that this is how you politely accept or decline food when eating meals with other people.

Mother, may I? This is an old game that has a "mother" tell other players an action to do, such as "take 3 steps forward". But, before the other player can do the action, they must ask, "Mother, may I?" If the "mother" says "yes, you may" then the player can do the action but if the "mother" says, "no, you may not" then the player must stay still. This is a great game to learn how to ask nicely for something and also how to accept no for an answer.

The "Bee-Attitudes": Help your child create 3 bees out of yellow and black stripes of paper, some googly eyes, 2 cut out wings, and 2 antennas! Then, glue these bees on a piece of construction paper creating 3 rows. Fill in the rows with the following statements, (picture of the bee) and the word "nice"; (picture of the bee) and the word "respectful"; (picture of the bee) and the word "polite". Give an example of each of these manners to your child and tell them to remember "bees" of good manners!



