



Freeze Play

Here is a fun game you can play with ice cubes to have some indoor freezing fun! Place an ice cube in your child's hand. Tell them when the music is playing they can dance around moving the ice cube from hand to hand but when the music stops, they have to FREEZE and keep the ice cube in one hand. Each time you stop the music, count out loud and see how long your child can hold the ice before saying it's too cold! You could even set goals like, "Can you hold it until I count to 10?" or "Can you hold it until I count to 15?"



