

Here are some activities for Fire Safety Month picked just for you!

Smoke Crawl: Drape some sheets, blankets, or towels between chairs or other types of furniture. Tell your children to pretend that the sheets and blankets are the smoke that rises during a fire. Teach them how to get low on the ground and crawl under the smoke to get to safety! You can also do this activity by blowing bubbles and having your child crawl under the bubbles.

Stop, Drop, and Roll: These simple actions can stop fire if it gets on your child's clothing. You and your child tear strips of orange and red tissue paper or construction paper. These pieces of paper will be the flames of a fire. Throw the pieces up in the air and if any land on you or your child then you have to stop moving, drop to the floor and roll around until the paper falls off.

Family Meeting Place: If there was ever a fire in your home, the first thing every family member needs to do is to try and get out! Choose a place outside, far away from your home but not crossing a street, and tell your child that this is your meeting place in case of a fire. Then, play a game where you and your child go to different places in your home, count to five, and then run and meet at the meeting place where you will be safe!

Fire Station Field Trip: Firefighters have to wear a lot of equipment, heavy clothing, and face covering when they are putting out a fire. This image can scare young children. You don't want your child to be scared of firefighters especially if they are trying to help your child get to safety. Visit a local fire station and ask the firefighters to show your child all of their protective clothing and equipment. Who knows, they might even let your little one sit on the fire truck!

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