

# FEBRUARY

## 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Discuss the importance of Dental Health with your child. Then read a book about teeth/going to the dentist.	2 Groundhog Day- Did the Groundhog see his shadow?	3 World Read Aloud Day! Read a new book out loud as a family!	4 Thank a Mail Carrier Day!	5 National Weatherperson's Day! Read "Weather" and make your own Weather Chart! (See Activity)	6 Cut out small paper hearts. Write a word on the heart and ask your child what word(s) rhyme with the word on the heart.
7 Send A Card To A Friend Day! Make a card for a friend and send it to them!	8 National Kite Flying Day! Make your own indoor kite, or fly a kite outside!	9 National Pizza Day! What is your favorite pizza?	10 National Umbrella Day!	11 Make A Friend Day! Read a book about friendship with a friend!	12 Use candy hearts to work on simple math problems with your child!	13 Read a new story together before bedtime!
14 Happy Valentine's Day!	15 President's Day!	16 Go to the Library and check out a new book for National Library Lover's Month!	17 Random Acts Of Kindness Day! Do something kind for a family member or a friend today!	18 Find objects around your house that start with the same letter as your name!	19 Read a new book that has the word "love" in it!	20 Cherry Pie Day! Make a Cherry Pie together!
21 Card Reading Day!	22 Play a new board or card game together!	23 National Banana Bread Day! Make Banana Bread! (See Recipe)	24 Go outside and practice drawing different shapes!	25 Have a scavenger hunt by looking for items that are red!	26 Tell A Fairy Tale Day! Read your favorite Fairy Tale together! Then, make your own Fairy Tale Story!	27 Polar Bear Day! Draw a picture of a Polar Bear and read a story about a Polar Bear!
28 National Floral Design Day! Draw a picture of your favorite flowers!	Black History Month	National Library Lover's Month	National Children's Dental Health Month	Bake For Family Fun Month		



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# Weather Chart

## Materials Needed:

- Paper Plate
- Scissors
- Hole Punch
- String
- Crayons/markers/colored pencils
- Clothes Pin



## Instructions:

- Split your paper plate into five different sections
- In each section label the following weather: Sunny, Snowy, Rainy, Cloudy, Windy
- Draw what you think the weather looks like in each section
- Using your hole punch, punch a hole in the top of the paper plate
- Tie a string through the holes, then hang up your weather chart
- Use a clothes pin as an arrow to describe the weather of the day



# Banana Bread

## Ingredients Needed:

- 1 Cup Mashed Bananas (about 3 Bananas)
- 1 Cup Sugar
- 1 Egg
- 1/4 Cup Butter
- 1 1/2 Cups Flour
- 1 Teaspoon Baking Soda
- 1/2 Teaspoon Salt
- Chocolate Chips



## Instructions:

- Melt the 1/4 cup of butter
- Combine butter with mashed bananas, sugar and egg
- Combine flour, baking soda and salt in a separate bowl
- Stir flour mixture into banana mixture till batter is mixed (do not overmix!)
- Optional: Stir Chocolate Chips into batter
- Pour Batter into greased pan (Bread/Muffin/Cake Pan)
- Bake at 325 Degrees till bread is done (about an hour)
- Enjoy!