

# FEBRUARY

## 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Library Lovers Month	Black History Month	National Children's Dental Health Month	National Cherry Month			1 Take your child to the Library Day!
2 Groundhog Day- Did the Groundhog see his shadow or not?	3 Tell a story by making shadow puppets	4 Thank your Mailperson Day- Make a thank you note for your Mailperson	5 National Weatherman's Day- What is the weather today?	6 Read a book about going to the library!	7 Send A Card to a Friend Day!	8 How many words can you think of that rhyme with "heart"
9 Make a Valentines book-mark!	10 Umbrella Day- Do you need your umbrella today?	11 Make A Friend Day!	12 Make a Spinning Hearts Pinwheel (See Activity)	13 Read and sing together the book "Row, Row, Row Your Boat"	14 Valentine's Day	15 Gumdrop Day- Put gumdrops in a jar and have your child guess how many there are. Were they close?
16 Cut out paper hearts and practice writing words on each heart	17 President's Day	18 Draw different shapes together and discuss how each shape looks different	19 How many words can your child think of that start with the letter "L"	20 Read a new bedtime story!	21 Card Reading Day	22 World Thinking Day!
23 National Banana Bread Day- Eat Banana Bread for Breakfast!	24 Read a book that talks about teeth!	25 Make Teeth Treats and discuss the importance of Dental Health (See Activity)	26 Tell A Fairy Tale Day!	27 National Strawberry Day- Eat fruit for a snack!	28 How many objects can you find in your house that are red?	29 Leap Day- Play Leap Frog!



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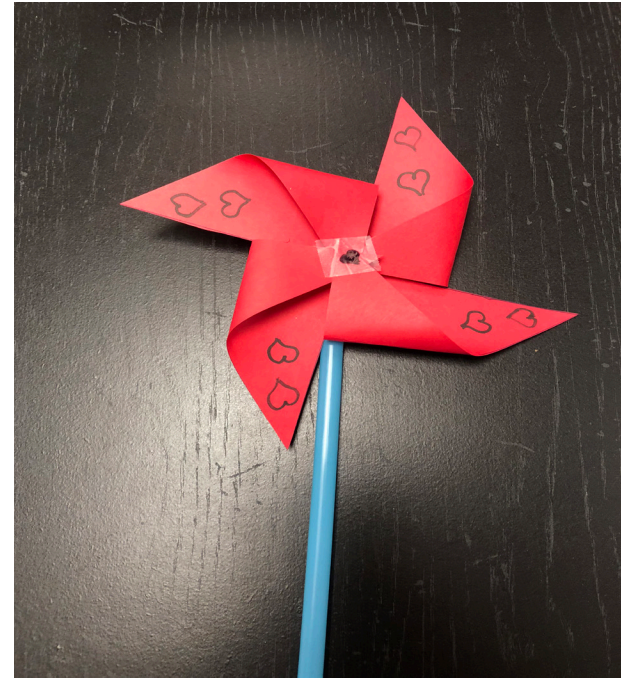
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# Spinning Hearts Pinwheel

## Materials Needed:

- Straw
- Construction Paper
- Round Head Fastener
- Hole puncher
- Scissors
- Ruler



## Instructions:

- Cut a piece of construction paper to 5 inches by 5 inches
- Draw diagonal lines from one corner to the other
- Cut along the lines a 2 inch slit- from the corner to the center
- Punch a hole in the corner of each right hand section of each triangle
- Lift and pull the corner (the hole punched corner) of each triangle towards the center
- Insert the fastener through all of the holes, the center of the paper, and the straw- this will keep the pinwheel in place
- Design your pinwheel with hearts!

# Teeth Treats

## Ingredients Needed:

- Apple- 2 slices per treat
- Peanut Butter
- Mini Marshmallows



## Instructions:

- Cut your apple into 8 slices
- Add peanut butter to one side- on each apple slice that you will be using
- Add mini marshmallows onto one apple slice by sticking them on top of the peanut butter
- Stick the other apple slice on top of the mini marshmallows- peanut butter touching the marshmallows