

# ideas by the Bushel



Fall into fall with these sensory activities we have picked just for you!

**SMELL:** Pumpkin spice. Apple cider. Cinnamon sticks. These are the scents of fall that can easily be added to your homemade playdough. Let your child help sprinkle these spices into the dough and then mix it all together with their own little hands!

**SIGHT:** Play a game of “Nature Bingo”. Make at least 2 cards, one for you and one for your child, by drawing any number of squares on pieces of paper and filling the squares with pictures of items that remind you of fall. Different colored leaves, acorns, pumpkins, apples, pinecones, etc. can either be drawn or cut out of magazines and glued into the squares. Write the name of each item on small pieces of paper and place a piece of candy corn on each picture on the Bingo card as the names are called out.

**TOUCH:** Fill small plastic bins with any of the following items: candy corn, rice or dry pasta noodles dyed with fall colored food coloring, or corn kernels. Allow your child to use measuring cups, spoons, tongs, and their hands to explore the textures of these items while scooping and pouring them into different containers.

**HEARING:** Take the same items used to explore the sense of touch and fill empty water bottles with them. Your child can shake the bottles and hear the different sounds that are made depending on the size and amount of the items in the bottles.

**TASTE:** Make a fall trail mix with your child. In a large bowl, mix together Cinnamon Toast Crunch cereal; chocolate and/or butterscotch morsels; kettle corn popcorn; pretzels; candy pumpkins; candy corn; and, mini-marshmallows. You can include some math into this creation by counting the number of candies needed for the mix or using measuring cups to add just the right amount of cereal or popcorn. Yum, yum!