

ideas by the Bushel



January 13th is “Make your Dreams Come True Day” Here are some dreamy activities picked just for you and your child to celebrate!

Wish on a star: You can find glow in the dark stars at any local Dollar Store. Climb up a ladder and let your child point to the places on their bedroom ceiling where they would like you to stick the stars. Each night, after reading a bedtime story, help your child make a wish on a star and then tell them to have sweet dreams and maybe their wish will come true!

What do you want to be? Allow your child to use pieces of clothing, dress-up costumes, and props to explore what they dream of being when they grow up. Wearing mom’s white shirt, kitchen apron, and stirring up some flour and water in a bowl is great practice to live out a dream of being a chef! Putting on a rain jacket and spraying the backyard hose to put out “pretend” fires might inspire your child to be a firefighter!

Rainbow craft: What dream will your child find at the end of their rainbow? Cut a paper plate in half. Let your child color the arch with the 7 colors of a rainbow. Cut out two circles from the other half of the paper plate and help your child glue them to each end of the rainbow they created. Ask your child to draw a picture on each circle of something they dream of having or doing, maybe a baby doll they want, a trip to Disney World, or something as simple as a cookie for a snack! Finally, let your child glue cotton balls around their pictures and place their rainbow somewhere in your home where they can be reminded of their dreams!

