



**Here are some activities to honor Dr. Martin Luther King, Jr.
picked just for you!**

We are all the same! Read your child a book that has illustrations of people of different colors. After reading, show your child a picture of Dr. Martin Luther King, Jr. and tell them that this man wanted people of every color to understand that even if our skin is different colors, we are all the same on the inside. Then, take out a white egg and a brown egg and talk about the different colors of the eggs before cracking them. Once they are cracked, point out to your child that even though the eggs were different colors on the outside, they were the same on the inside. Just like people!

Dream Big! Tell your child that Dr. Martin Luther King, Jr. wanted every child to be able to grow up to be whatever they wanted to be. Bring out some dramatic play clothing that represents firefighters, doctors, police officers, chefs, dancers, soccer players, basically whatever you have in your home. Have your child put on different costumes and pretend to do that job or sport. While playing, remind them that they can be anything they want to be!

Happy Birthday, MLK! We honor Dr. Martin Luther King, Jr. in January because that is the month he was born. Let your child help you make a birthday cake to celebrate this man of peace. You can use a boxed cake mix and frosting but let your child shake multi-colored sprinkles all over the top of the cake to represent MLK's dream for people to live together peacefully, regardless of the color of their skin. Sing happy birthday to MLK and enjoy some yummy cake in his honor!



Created exclusively for Books By The Bushel, LLC by Pamela B Connor, Ed.D

