


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
New Year's Day <b>1</b> Celebrate by making your very own party hat.	National Science Fiction Day! <b>2</b> - make your own space rocket out of toilet paper rolls and construction paper.	January is the month <b>3</b> of tangerines -take two glasses of water and two tangerines; peel one, leave the other whole. Place in water and see which floats	National Spaghetti Day <b>4</b> - Celebrate by making a plate of spaghetti with construction paper, paint and yarn. Don't forget the meatballs!	National Bird Day <b>5</b> -make a paper plate bird! Fold the plate in half, add a beak, eyes and paper feathers!	January is the month <b>6</b> of raisins - STEM activity! In a clear glass, pour half full of new bottle of Sprite, drop the raisins in and watch the raisins dance	Time to read a good <b>7</b> book! - Find a Science Fiction book to enjoy
January is the Month <b>8</b> of the carnation flower - STEM activity! Take a white flower place the stem in a glass of water with a few drops of food coloring and see what happens!	Law Enforcement <b>9</b> Appreciation day - Create a card for your local law enforcement.	<b>10</b> Take your appreciation card to your local law enforcement and get a selfie with them!	<b>11</b> National Milk Day Celebrate by making a dairy cow mask. Also dipping your favorite cookie in milk is good too!	Enjoy a good bowl <b>12</b> of soup for National Soup Month!	Create a polar bear <b>13</b> face! - Dip a plastic fork in white paint and press onto construction paper. Cut out ears, eyes and mouth and glue onto your art!	Happy Birthday to <b>14</b> Lewis Carroll - Alice in Wonderland- celebrate by making a Cheshire cat grin out of paper. Add a popsicle stick to hold the grin up to your face
Martin Luther <b>15</b> King's Birthday - Read a book such as "Who Was Martin Luther King, Jr.?"	Martin Luther King <b>16</b> Jr. Day Appreciate A Dragon Day by writing a story on having your own dragon.	<b>17</b> Make a paper plate snowflake with yarn. Punch holes in a paper plate the shape of a snowflake. String colorful yarn through the holes and hang up!	Winnie the Pooh <b>18</b> Day- Pooh's favorite thing is honey. Read a book about where honey comes from	National Popcorn <b>19</b> Day- did you know popcorn is over 5000 years old? it's true! Practice some "popcorn" words today (Sight Words)	<b>20</b> National Cheese Lovers Day - How many foods can you think of with the word "cheese" in it?	<b>21</b> National Squirrel Appreciation Day - create a squirrel hand puppet out of a brown paper sack and construction paper.
Chinese New Year! <b>22</b> Year of the Rabbit. Draw a rabbit the best you can! OR read a good rabbit book!	National Pie Day <b>23</b> Make a paper pie and cut it into slices. Practice counting how many slices can make a pie whole! (2/4/8/16)	National Peanut <b>24</b> Butter Day- make edible peanut butter with 1/2 C honey/ 1 C of peanut butter and 2 1/4 C powdered sugar	Opposite Day - <b>25</b> have an opposite scavenger hunt! Find something hot/cold, tall/short, soft/hard, wet/dry, wide/narrow,	National Green <b>26</b> Juice Day- make a list of items you think would be good in green juice! Then try it!	Create a Lego head <b>27</b> suncatcher- draw the head and cut out of black paper, stick to a piece of press and seal, tear up yellow tissue paper and stick. Glue on eyes and hang up	National Lego Day! <b>28</b> Time to get out those legos and create something fun!
<b>29</b> Time to read again! Grab your favorite winter book and a blanket!	Bubble Wrap <b>30</b> Appreciation Day - make a jelly fish with a paper plate and bubble wrap for the long tentacles.	National Backward <b>31</b> Day - try to say the alphabet backward!	<h1>JANUARY 2023</h1> <h2>ACTIVITY CALENDAR</h2> <p><a href="http://www.booksbythebushel.com">www.booksbythebushel.com</a></p> 			

### NOTES:



## Stop and Go!

Cold January days mean lots of time indoors! Here is a fun way to help get your child's energy out while learning about opposites! This game is called, "Stop and Go", already focusing on opposites! Tell your child, "I will give you directions and when I say 'Go' you start the action and when I say "Stop" you stop the action." Here are some examples of actions you could ask them to do:

***Run in place, fast! Go! Stop! Run in place, slow! Go! Stop!***  
***Open your hands! Go! Stop! Close your hands! Go! Stop!***  
***Say your name, loudly! Go! Stop! Say your name, softly! Go! Stop!***  
***Reach up, high! Go! Stop! Bend down, low! Go! Stop!***  
***Smile! Frown! Smile! Frown! Smile! Frown! Smile! Frown!***  
***Walk forwards! Go! Stop! Walk backwards! Go! Stop!***  
***Point your finger up! Go! Stop! Point your finger down! Go! Stop!***

Make up other actions that are opposites and you know your child likes to do. And, at the end of the day, say, "You've been awake and now it's time to go to sleep!"



## Birds of a Feather

Here is a fun way to work on color recognition and counting with your children! You will need various colors of playdough, feathers of the same colors, and a few toothpicks. You will also need plastic googly eyes, and small triangles cut from construction paper. All of these items are easily found at your local Dollar Store! First, help your child make two balls out of each color of playdough, one small and one larger. Next, place the small ball of playdough on top of the larger ball and use a toothpick to hold them together. Let your child put some fun googly eyes on the small playdough ball and stick one of the paper triangles below the eyes to make a beak. Now, you can give your birds their feathers! You can ask your child to put the matching color of feathers on the large playdough balls. Maybe you want them to put a specific number of feathers on different birds. You might ask them to put one specific color of feathers on a different color of playdough. There are a number of ways to have fun while learning, as long as the birds don't fly away!

