| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|--|--|---|--|---|---|---|
|  | Fruit of the Month is<br>Oranges and Star Fruit  | National African<br>American Read-In<br>Month   | National Black History<br>Month  | National River Day -<br>draw and color a river,<br>write what creatures<br>would live in your river   | Bubble Gum Day - 3 Draw and color a self portrait. Blow up a bal- loon and tape to the picture for a bubble gum bubble                            | Thank a Mailman Day<br>and Take your child to<br>a library day - greet<br>your Mailman with a<br>treat. Be sure to visit a<br>library also                        |
| National Fart Day - kids<br>find this word funny -<br>celebrate by reading a<br>book such as "Toot" by<br>Leslie Patricelli                                  | National Dental Health<br>Month - Time to get a<br>new toothbrush and<br>learn all about good<br>teeth health  | 7<br>Charles Dickens<br>Birthday - Celebrate by<br>reading the "Christmas<br>Carol"   | Jule's Verne's Birthday<br>Celebrate by reading<br>"Around the World in<br>Eighty Days"  | National Pizza Day -<br>Create a pizza out of<br>construction paper.<br>Then cut into triangle<br>slices. How many slices<br>make a whole pizza?            | National Umbrella Day - Create an umbrella out of a paper plate half. Color. Create rain- drops out of paper and hang from the umbrella with yarn | Thomas Edison's 11 Birthday & Inventors Day - take a balloon, rub it through your hair and hold it close to a pop can. The can will pull to the balloon. Science! |
| Safety Pup Day - Go<br>over some safety rules<br>like never going with<br>someone who doesn't<br>know your family's se-<br>cret word Child Safety<br>Council | World Radio Day - celebrate the importance of the radio. Discuss the different occupations radio is used; for music; for emergency                       | International Book Giving Day - gift a book that you no longer read or one you want to share  | 15 Take time out to read a new book today!   | Do a Grouch a Favor<br>Day - chores are a<br>good place to start.<br>Create a chore chart<br>and reward with stick-<br>ers after completion.                | No One Eats Alone Day - be sure to sit togeth- er during a meal and talk about your day and ideas   | National Battery Day-<br>learn the importance<br>of why not to play with<br>batteries and where<br>to keep them in a safe<br>place                                |
| Tug of War Day - what<br>better way to celebrate<br>than to do a friendly<br>tug of war challenge  | National Muffin Day -<br>Nothing better than a<br>muffin for breakfast!<br>What would your<br>favorite flavor be?<br>What would be a not<br>so favorite? | National Pancake 21 Day -with help, make piggy pancakes! One large pancake and one small for the nose. Two chocolate chip eyes and banana slices for nose | Supermarket Employee Day - learn the value of a quarter, dime, nickel and penny. What can you buy with it and how many? Pair with a money count book | National Pinocchio Day - Make a face and hat with construction pa- per. Poke a hole where the nose goes. Insert a party horn and make Pinocchio's nose grow | <b>24</b> Flag Day for Mexico and National Tortilla Chip Day -have a tortilla chip snack  | Quiet Day - appreciate quiet day by reading your favorite book  |
| Tongue Twister Contest<br>Day - Five frantic frogs<br>fled from fifty fierce<br>fishes!  | National Pokemon Day - create your own pokemon. Don't forget to add it's special powers  | Celebrate the last day of the month by practicing the letters in your name  | AC   | RUAF<br>TIVITY CAL<br>vw.booksbytheb  | ENDAR   | CERTIFIED NO BOCC WOMAN OWNED BUSINESS  |

**NOTES:** 







## **National Pizza Day!**

National Pizza Day is Thursday, Feb. 9<sup>th</sup> and what better way to celebrate than make your own pizza! Every family member can make their own personal pizza bites. All you need is English muffins, sliced in half, pizza sauce, shredded mozzarella cheese, and then any number of toppings: small pepperonis, chopped onions, chopped pieces of chicken, chopped green peppers, small chunks of pineapple, the sky's the limit! Your child can help with every part of this cooking activity, from spooning on the pizza sauce to covering the sauce with cheese to adding whatever toppings they like. Place their creation in a toaster oven or regular oven at 375 degrees for about 10 minutes. These treats are so small, your child can make multiple pizzas to try!



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## **Peeling an Orange**

There is nothing better than helping your child develop self-help skills. Learning to peel an orange promotes independence but it also strengthens fine-motor skills, which are crucial for tasks such as cutting with scissors and writing. Take an orange and pull away a small piece and show your child how to take that open peel and pull it until it tears off. Once the peeling is started, let your child take it from there! It doesn't matter if the pieces torn off are long, wide, or small. The point is that your child is doing it alone! You will need to supervise to make sure your child is not eating the peel but after a few successful "peelings", they will be able to perform this task without your watchful eye!



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