

AUGUST 2023

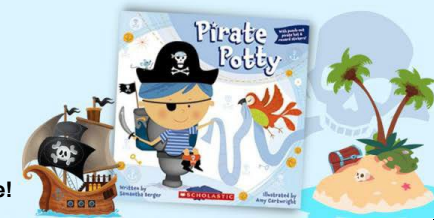
ACTIVITY CALENDAR

Book of the Month

Pirate Potty

by Samantha Berger

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
National Pirate Month Family Fun Month Get Ready for Kindergarten Month Children's Eye Health Month	Fruit of the Month: Peaches, Prickly Pear Vegetable of the Month: Eggplant & Celery Flower of the Month: Poppy	1 Pirate Month - Create a pirate hat and read a pirate book	2 Find a Four Leaf Clover Day - look for a clover in the grass.	3 Fruit of the month is peaches- start an adventure and read "James and the Giant Peach"	4 National Chocolate Chip Cookie Day- make cookies today!	5 National Mustard Day- find all things yellow around the house
6 Wiggle Your Toes Day- wake up and give your toes a wiggle	7 Children's Eye Health Month - create and eye on a paper plate and learn its parts: pupil, lid, lashes	8 National Dollar Day - use play money to practice purchasing items around the house and making change	9 National Book Lovers Day- time to read your favorite book	10 World Lion Day- make a lion headband out of construction paper	11 Happy Birthday to Joanna Cole, Author of "The Magic School Bus" Celebrate by drawing and coloring a bus. Write what adventure you would go in it	12 World Elephant Day - find all things that start with "E" around the house
13 Left Hander's Day- try all things left handed	14 World Lizard Day - draw and color a lizard. Cut it out and tape a party horn on the back for it's tongue	15 Time to read your favorite book for 15 minutes	16 Happy Birthday to Eric Litwin, Author of "Pete the Cat"-Celebrate by making Pete the Cat out of a paper plate and construction paper	17 Family Fun Month - Do something fun as a family	18 World Never Give Up Day - write yourself an uplifting never give up note	19 Happy Birthday to Jared Lee, Illustrator of "There was an old lady who swallowed a fly" Read that one today!
20 National Lemonade Day - try a glass of lemonade, add different fruit to change flavors	21 Senior Citizen's Day - take a coloring page to someone you know and spend time coloring	22 National Tooth Fairy Day - read the book "The Night Before the Tooth Fairy"	23 Prickly Pear Month- find all things around the house that rhyme	24 National Waffle Day- have waffles for breakfast	25 National Daffodil Day - Make them by tracing your hands on yellow paper, cutting out and gluing an orange cupcake liner in the middle. Add a green stem	26 National Dog Day - create a doggy face out of a paper plate. Don't forget the ears!
27 Eggplant is a vegetable of the month - find all things purple around the house	28 Time to read your favorite book for 15 minutes	29 National Lemon Juice Day - Invisible Ink STEM project- put lemon juice in a bowl with a few drops of water. Use a paint brush to write a message on paper. Hold paper up to a heat source	30 National Slinky Day - write a story about a slinky adventure	31 National Eat Outside Day - Take your lunch outside today!		



Never Give Up!

One of the most important things you can teach your children is to never give up and August 18th is “World Never Give Up Day!” Some call it having resilience or persevering through difficult times. An easy way to instill this can-do attitude in your children is by letting them play with puzzles and presenting more challenging puzzles as soon as they master the easier ones. Puzzles involve problem solving as a child has to rotate and slide pieces together. This can be very challenging but also so rewarding when the pieces fit! Sit with your child as they work on a puzzle. When they get frustrated with trying to fit a piece and want to give up, encourage them to keep trying. Give them a hint about where a piece goes or tell them you can start taking turns, you do a piece and then they do a piece. Whatever it takes for them not to give up! Praise them for sticking it out! Tell them how proud they must feel for solving the problem! When the puzzle is complete, take a picture of them holding a thumbs-up next to their completed puzzle so they can see what they accomplished and move on to the next challenge!





Toilet Paper Roll Towers

August 26th is “National Toilet Paper Day”! We certainly don’t want to teach our children to waste toilet paper but we can teach them how to make their own toys out of toilet paper rolls! Well before August 26th, start saving toilet paper rolls. Once you have a large collection, have your child paint the rolls bright colors using watercolor paint or even finger paint. After the rolls are dry, cut some of them in half, others in thirds or fourths, and leave some whole, as well. Then, cut four ½ inch to 1-inch slots on the top and bottom of each roll. You will want the slots to be spaced apart so there is one on each “side” of the circle at both ends of the rolls. Now, show your child how to connect the slots from different rolls to each other by sliding one into the other. Your child will have so much fun building towers and other structures with building blocks they made themselves!

