



April showers bring May flowers!
Here are some “rainy day” activities picked just for you!

Picture Clouds: Take a few moments on a day when there are a good number of clouds in the sky to lay in the grass and see what pictures the clouds are making. “Is that a rabbit?” “I see a flower!” Then, go inside and help your child create their own picture clouds by gluing cotton balls on paper in the shapes of animals, plants, or any other items your child would like to illustrate!

Stop and Stomp: Have your child color one side of a paper plate red and the other green. Talk about how the color red is used for stop signs and then write the word “STOP” on the red side of the plate. The color green usually means “GO” so write the word GO on the green side but also write the word STOMP. After a good rain has fallen, let your child put on some rainboots or shoes you don’t mind getting wet and tell them you are going to play “Stop and Stomp” in the puddles. When you hold the green side of the plate towards your child, they can stomp in the puddles but when they see the red side of the plate, they have to stop! This is a great activity to reinforce following directions and impulse control!

More puddle jumping: If it is raining too hard to go outside, then just jump in puddles inside! Take different colors of paper and help your child cut out different sizes of puddles. By using different colors and sizes, you can slide some learning into your fun. Lay the puddles out on the floor and instruct your child which color puddle to jump on. Place the puddles in a row according to size, maybe smallest to largest, and help your child see the increase or decrease in size. Using colors or size, create a pattern of puddles and see if your child can continue the pattern.

And let’s not forget to sing “**Rain, Rain, Go Away**” when you and your child are ready for some sunny days!



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