



It's been 100 days since preschool started, let's celebrate using all 5 senses with these activities picked just for you!

What does 100 feel like? Your child can hop, jump, step, blink, etc. while counting to 100 so they can experience what 100 feels like by the way their heart is racing!

What does 100 look like? This activity simply involves counting to 100 using any items you choose. Pretzels, toy cars, cookies, cotton balls... basically anything you have on hand. Find a place to lay out the items so your child can see what 100 looks like!

What does 100 taste like? Help your child string 100 Cheerios or Fruit Loops or Apple Jacks using yarn or string. After seeing how long their necklace is they can eat it and see what 100 pieces of cereal tastes like!

What does 100 sound like? To the count of 100, have your child clap their hands, shake a rattle, or use anything that makes a sound to hear what 100 sounds like!

What does 100 smell like? It's a little difficult to discover what 100 smells like but your child can try and find 100 things they can smell! Take your child on a hunt around your house and your neighborhood and see if they can find 100 things they can smell!

After such a long day of discovering how 100 feels, tastes, smells, sounds, and looks like, you child will be ready for 100 kisses before being tucked into bed and enjoy listening to a good book, or two books, or maybe **100!**

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