How do we Teach Kindness?

How is it that kindness is taught? How do we teach generosity? How does empathy arise?

Can these behaviors be taught? How? What do we reinforce? What do we notice?



Here's a simple idea. Perfect for visual learners. Perfect for teaching delayed gratification as well.

Start with an 'empty' wreath. Have your families send in odds and ends of ribbons for your use. This will be a great connection between family and school. Upcycle those old ribbon ends!! Imagine my excitement to enter a program that focuses on KINDNESS!

When you observe your children, your students: caught in the act -- the act of KINDNESS, add a ribbon!

They get to choose the color, the very ribbon to be added. Let the 'kind-child' choose the spot on the wreath for their ribbon to be tied. If able they can tie it themselves.

As the year progresses there will be more + more ribbons!!!!!!

The wreath will *emerge*, filled with COLOR!!!! Growing over time.

http://www.rainbowswithinreach.blogspot.com/2012/02/how-do-we-teach-kindness.html