



### **Random Acts Of Kindness**

Acts of kindness are a great way to teach a child empathy and generosity.

1. Hold the door open for those behind you.
2. Say good morning to your teacher, principal, school officials and classmates.
3. Offer to let your classmate go first.
4. Offer to take your neighbor's dog for a walk.
5. Invite someone new over for a play-date.
6. Collect foods and canned goods for a food bank.
7. Volunteer to be a tutor or mentor in a school, especially if there is an area in which you can help another student.
8. Give someone a compliment at least once every day.
9. Color a picture, make a craft or send a treat to a senior center or nursing home.
10. Donate your unwanted toys and books to the children in need.
11. Write a thank you note to your teacher, your coach, a firefighter, your mentor or someone who has influenced you in a positive way.
12. Clean up the area around your school or a local park, picking up trash and putting it in the garbage can. You can also help your teacher clean up the classroom.
13. Be extra kind to your bus driver. Say hello when you get on the bus and say thank you when you get off the bus.
14. Call your grandparent(s) or other special family members who you do not see often.
15. Donate your unwanted toys and books to the children in need.
16. Write a note to your parent(s) or grandparent(s) and tell them why they are special to you.
17. Help around the house without being asked to do so, such as cleaning your room, taking out the garbage or helping with the laundry.
18. Going to a new school can be really scary so be friendly to the new students in your class or grade.
19. Organize the clothes you don't wear anymore and donate them to a clothing drive or shelter.
20. Smile. Smiling is easy and happiness is contagious!

And for even more activities visit:

<http://www.randomactsofkindness.org/school-activity-idea>