

July 2017

S	М	Т	W	Т	F	s
30 International Day of Friendship	Go on a shape hunt. Which shapes can your child find around the house?	Blueberry Month Hot Dog Month Ice Cream Month Picnic Month				1 Creative Ice Cream Flavors Day
2 Build A Scarecrow Day	3 Stay Out In The Sun Day (Don't Forget Sunscreen!)	4 Independence Day	5 It is the 7th month. Count to 7 with your child, then count out 7 objects.	6 National Fried Chicken Day	7 Chocolate Day	8 Blueberry Day
9 Sugar Cookie Day	10 Teddy Bear Picnic Day	11 Cheer Up The Lonely Day E.B White's Birthday (Charlotte's Web)	Peel and cut an orange. Count the number of wedges with your child.	Help your child think of words that rhyme with "bee"	Plan a family booknic. Pack lunch, a blanket and books. Find a shady spot to eat and read!	Tapioca Pudding Day Clement C. Moore's Birthday (Twas The Night Before Christmas)
16 National Ice Cream Day	17 Global Hug Your Kids Day	Felicia Bond's Birthday (If You Give A Mouse A Cookie)	Make moon sand. Mix 4 cups flour and 1/2 cup baby oil. Let your child mix it up. Talk about how it feels.	20 Lollipop Day	Explore marshmallows. Let your child cut, tear, get them wet, squish and taste them.	22 Hammock Day
23 National Hot Dog Day and Parents Day	24 Cousins Day	25 Walk barefoot in the grass today. Talk with your child about how the grass feels.	26 Aunt & Uncle Day	27 Take Your Pants for a Walk Day	28 Beatrix Potter's Birthday (The Tale of Peter Rabbit)	29 National Lasagna Day

Teddy Bear's Picnic Song

(Hear the tune on YouTube at: https://youtu.be/uxFIGWm9M6w)

If you go out in the woods today You're sure of a big surprise. If you go out in the woods today You'd better go in disguise.

For every bear that ever there was Will gather there for certain, because Today's the day the teddy bears have their picnic.

Picnic time for teddy bears,
The little teddy bears are having a lovely time today.
Watch them, catch them unawares,
And see them picnic on their holiday.
See them gaily dance about.
They love to play and shout.
And never have any cares.
At six o'clock their mommies and daddies
Will take them home to bed
Because they're tired little teddy bears.

If you go out in the woods today, You'd better not go alone. It's lovely out in the woods today, But safer to stay at home.

Teddy Bear's Picnic Song (cont.)

For every bear that ever there was
Will gather there for certain, because
Today's the day the teddy bears have their picnic

CHORUS

Every teddy bear, that's been good Is sure of a treat today There's lots of wonderful things to eat And wonderful games to play

Beneath the trees, where nobody sees
They'll hide and seek as long as they please
Today's the day the teddy bears have their picnic
CHORUS



5 Minute Ice Cream Recipe

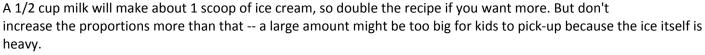
Milk can become homemade ice cream in five minutes by using a bag! This homemade, creamy treat is a summertime delight for kids and adults alike.

What you'll need:

- 1 tablespoon sugar
- 1/2 cup milk or half & half
- 1/4 teaspoon vanilla
- 6 tablespoons rock salt
- 1 pint-size plastic food storage bag (e.g., Ziploc)
- 1 gallon-size plastic food storage bag
- Ice cubes

How to make it:

- 1. Fill the large bag half full of ice, and add the rock salt. Seal the bag.
- 2. Put milk, vanilla, and sugar into the small bag, and seal it.
- 3. Place the small bag inside the large one, and seal it again carefully.
- 4. Shake until the mixture is ice cream, which takes about 5 minutes.
- 5. Wipe off the top of the small bag, then open it carefully. Enjoy! Tips:



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Blueberry Hand Pies

Ingredients:

1 1/4 cups frozen or fresh blueberries

3 tablespoons blueberry preserves

1 ½ teaspoon cornstarch

1 teaspoon lemon juice

1 teaspoon lemon zest

½ teaspoon ground cinnamon

2 tubes refrigerated buttermilk biscuits (8 count)



Instructions:

- 1. Preheat oven to 375°. Grease baking sheet with nonstick cooking spray
- 2. In bowl combine blueberries, preserves, cornstarch, lemon juice, lemon zest and cinnamon. Set aside.
- 3. On lightly floured surface, roll each biscuit into a 3 ½" diameter circle. Divide reserved blueberry mixture evenly between 8 biscuits (about 2 tablespoons per) arranging in center of each dough circle to within 1/2" of edge. Top with remaining biscuit and seal edges securely with a fork.
- 4. Arrange hand pies on baking sheet and bake 10-12 minutes or until golden brown and baked through.
- 5. Transfer to wire rack to cool at least 20 minutes

Optional Glaze:

In bowl combine powdered sugar and 6 teaspoons warm water. Sir until smooth, adding additional 1-2 teaspoons of water if needed. Glaze top of hand pies.