

Homemade Ice Cream in 5 minutes!

Milk can become homemade ice cream in five minutes by using a bag! This homemade, creamy treat is a summertime delight for kids and adults alike.

What you'll need:

- · 1 tablespoon sugar
- · 1/2 cup milk or half & half
- · 1/4 teaspoon vanilla
- · 6 tablespoons rock salt
- · 1 pint-size plastic food storage bag (e.g., Ziploc)
- 1 gallon-size plastic food storage bag
- · Ice cubes

How to make it:

- 1. Fill the large bag half full of ice, and add the rock salt. Seal the bag.
- 2. Put milk, vanilla, and sugar into the small bag, and seal it.
- 3. Place the small bag inside the large one, and seal it again carefully.
- 4. Shake until the mixture is ice cream, which takes about 5 minutes.
- 5. Wipe off the top of the small bag, then open it carefully. Enjoy!

Tips:

A 1/2 cup milk will make about 1 scoop of ice cream, so double the recipe if you want more. But don't increase the proportions more than that -- a large amount might be too big for kids to pick-up because the ice itself is heavy.